

Winter/Spring 2009
January-June

BlazeSports Club of Las Vegas

FL.O.A.T. • G.O.L.F. • SPARK

Lorenzi Adaptive Recreation Center

Heading On • Leisure Connection

New A.G.E. • R.E.P. • Project D.I.R.T.

Outreach • Wheelchair Sports



The Adaptive Recreation Division offers a variety of programs for persons of varying abilities. For information or to request a free monthly calendar of activities, please call the number listed. Most activities require pre-registration.



www.lasvegasparksandrec.com



Department of **Leisure Services**
Living...Beyond The Neon™

Adaptive Recreation Division
749 Veterans Memorial Drive
Las Vegas, NV 89101



January-June 2009
Activity & Class Schedule

Get up! Get out! Get active!



377242 SQ 10/08

Help us make Adaptive Recreation fit your needs!

Complete a comment card so that we can better serve you! Ask any staff member for one today.

Visit www.clvbeyondtheneon.com to view classes and activities 24 hours a day, 7 days a week. To register for Adaptive Recreation programs and activities or for more information, please call 229-4900.

The City of Las Vegas Department of Leisure Services is committed to the fair, honest, and professional treatment of all individuals and organizations with which we serve. We proudly support the Americans with Disabilities Act (ADA) and are dedicated to customer satisfaction. If you are an individual with a disability or a parent of an individual with a disability and require program modifications, please contact the program supervisor two weeks prior to the program start date. Program modifications will be made on an individual case-by-case basis.



We are also committed to recognizing, respecting and serving our diverse community. We strive to present a broad variety of programs and services that offer a conscious acceptance, education, and inclusion of people of all ages, abilities, and backgrounds.

ADAPTIVE RECREATION DIVISION

Lonny Zimmerman, MA, CLP - Manager
Cindy Moyes - Supervisor

SENIOR ADAPTIVE RECREATION LEADERS
Jonathan Foster

Bernard Preston, MS, CRC
Jennifer Winder, CTRS

ADAPTIVE RECREATION LEADERS

Rebecca Allen, CTRS
Cassie Jemison
Bob Murray



Special Events



4th Annual Vision Forum

Receive information from agencies and services for people who are blind, visually impaired or experiencing temporary vision loss. Free eye exams, computer skills training and recreational opportunities provided.

Call Bernard Preston at 229-4904 for more information.

Wednesday, March 4 • 7 a.m.-3 p.m.
Dula Gymnasium/Las Vegas Senior Center
441 East Bonanza Road

Vegas Vengeance Quad Rugby Tournament

Come out and support your local Las Vegas Sin City Skulls as they compete in the 2nd Annual City of Las Vegas Department of Leisure Services' Adaptive Recreation Division's Vegas Vengeance D-II Quad Rugby Tournament. This fast-paced, action-packed paralympics sport is sure to leave you speechless. Open to D-II teams only. Spectator admission is free. **Call Bob Murray at 229-4903 for more information.**



Friday-Sunday, January 9-11
10 a.m.-5 p.m.
University of Nevada,
Las Vegas' MPE Building -
North and South Gym
\$400 per team, payable to
the City of Las Vegas

2nd Annual Las Vegas Open Wheelchair Tennis Tournament

Call Jonathan Foster at 229-4796 for details.

Saturday-Sunday, February 28-March 1
8 a.m.
Darling Tennis Center,
901 W. Washington Avenue



Camp Malibu

Our five-day residential camp for individuals ages 10-21 with developmental disabilities provides an array of recreational activities in one of America's most scenic areas.

Call 229-4902 for more information.

Monday-Friday, April 6-10
Calabasas, California
\$400 per person



10th Annual Tee-It-Up Classic

This two-day, competitive golf tournament is for players of all abilities. **Call Bob Murray at 229-4903 for more information.**

Sunday-Monday, May 17-18
Las Vegas Golf Club
4300 W. Washington Avenue
\$75 per player (2-person teams)



Job Opportunities

Come have some fun with us! There are open positions in the Adaptive Recreation Division. The positions are part-time from 1:30 to 6:00 p.m. You must provide your own transportation. For more information, please call Jennifer Winder at 229-5177 or 229-4900.

Adaptive Recreation Programs

BlazeSports Club of Las Vegas - 229-4796

BlazeSports is a sports program for children and adults with physical disabilities that offers sports training and competitions throughout Southern Nevada. Our mission is to maximize the potential of people with physical disabilities through sports.

Focus sports include wheelchair basketball and tennis, track and field, and swimming. Educational sessions also introduce new sports and exciting activities.

Open Rec Night • Wednesdays • 6-8 p.m. • January-June
Garside Middle School Gymnasium, 300 S. Torrey Pines Drive





Adaptive Recreation Programs

- 229-1710

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities.

One-On-One Swim Lessons

Our private instruction is designed to meet the needs of people of all abilities from ages 3 to adult and is based on the American Red Cross' Learn-to-Swim program. **Call Rebecca Allen for more information.**

Six 30-minute lessons • \$100 per person

Group Instructional Swim

In conjunction with the Clark County School District, this program provides community-based instruction for a variety of special education classes. If you are a teacher and interested in having your class participate, please call for more information.



G.O.L.F. - 229-4903

Golf Offers Lifetime Fun is a seasonal golf program for individuals of all abilities ages 12 and older. Activities include lessons and tournaments. All programs are held at the Las Vegas Golf Club. **Call Bob Murray for more information or e-mail rmurray@lasvegasnevada.gov.**

SPARK - 229-1710



Social Play and Respite for Kids is a free program for children ages 3-8 with special needs and runs on Saturday mornings. It provides a fun, exciting, and safe environment where children may engage in social play with peers while

participating in on-site recreational activities such as arts and crafts, games, and outdoor play. **Call Rebecca Allen for more information.**



Lorenzi Adaptive Recreation Center 229-6358 or 229-4905

The Lorenzi Adaptive Recreation Center provides recreational programming for individuals of all abilities ages 7-21. Monday-Friday • 1-6 p.m. • January-June \$27 (1-3 days); \$36 (4 days); \$45 (5 days) Closed all major holidays, January 23 and March 2 for staff development days, and during Spring Break from April 6-10.

Mondays: Exercise Program at Veterans Memorial Leisure Services Center
Tuesdays: Bowling at Santa Fe Station
Wednesdays: In-Park Activities
Thursdays: Bowling at Santa Fe Station
Fridays: In-Park Activities



Coming Soon! Summer Registration Begins May 4, 2009

Heading On - 229-6358

Heading On is designed to provide individuals who have had a traumatic brain injury (TBI) with leisure awareness, social interaction skills, leisure resources and leisure activity skills during and/or after clinical rehabilitation. Leave your worries behind and come have fun. **Call Cassie Jemison to be placed on the mailing list.**

Leisure Connection - 229-5177

Leisure Connection is a social group for adults 22 years of age and older with developmental disabilities. Community outings are planned each month to assist high functioning adults with social skills and independence. Activities include bowling, movies, lunch/dinner outings, sports events, and leisure education classes. **Please call to be placed on the mailing list.**

New A.G.E. - 229-5177

New A.G.E. is an "after-work" recreation program for adults ages 22 years and older with developmental disabilities. The program offers a variety of activities and special events that promote individuality, self-esteem and independence.



R.E.P. - 229-6358

Recreation Enrichment Program is designed to help teens with or without disabilities become more involved in the social and community settings. It's a structured social- and life-skill building program involving group activities. Outings include bowling parties, dinner and a movie, trips to the Adventuredome, and volunteering in the community.

Project D.I.R.T. - 229-4796

Developing Interests in Risk Taking program provides people of all abilities the opportunity to explore new recreation and leisure possibilities through alternative recreation and outdoor/adventure experiences.

Basic Paddling Skills

People of all ages and abilities learn how to paddle in a kayak or canoe.

Call for specific dates and times.

\$10 per person • Lake Lorenzi at Lorenzi Park

Fishing Clinics

Call Jonathan Foster at 229-4796 for more information.

Participants must bring their own lunch, snacks, and drink. Saturday, March 21; Thursday, April 23; Saturday, May 16 \$5 per person • Floyd Lamb Park at Tule Springs

Hiking Trips

Participants must bring their own lunch, snacks, and drink. \$5 per person per trip Thursday, March 12 Lake Mead Dam Tour and Boat Ride Additional cost for tour and boat ride. Saturday, April 4 Valley of Fire Thursday, May 21 Mt. Charleston



Outreach Programs and Wheelchair Sports



Disability Awareness/Sensitivity Training

We provide sensitivity training presentations to outside agencies, organizations, and interest groups. **Call Bernard Preston at 229-4904 for more information.**

Active TR

Active TR offers inclusive opportunities for individuals with disabilities, along with their friends and families, to interact and socialize in a recreational setting. In addition, Active TR also promotes independence and networking opportunities for all participants. **Call Bob Murray at 229-4903 for more information.**

Las Vegas Wranglers vs Fresno Falcons Hockey Game

Friday, February 13 • 7:30 p.m. • \$15 per person Must RSVP by January 30.

Las Vegas Wranglers vs Stockton Thunder Hockey Game

Friday, April 3 • 7:30 p.m. • \$15 per person Must RSVP by March 20.

Therapeutic Yoga

Participants are introduced to the fundamentals of yoga. Classes are designed to strengthen the core muscles and teach breathing exercises and relaxation techniques to improve concentration and reduce hyperactivity. All classes are held at Minker Sports Complex, 275 N. Mojave Road. **Call Bernard Preston at 229-4904 for more information.**

Adaptive Dodge Ball

Want to play some dodge ball? What better way to reduce stress, improve health and fitness, and meet new people? The league is played on Fridays at Minker Sports Complex, 275 N. Mojave Road. **Call Bernard Preston at 229-4904 for more information.**



Racquetball

Learn the basics of racquetball played indoors while interacting with peers and improving your skills. Racquetball participants must wear protective eye wear during play. All games are held at Minker Sports Complex, 275 N. Mojave Road. Modification to the game will be available for students. **Call Bernard Preston at 229-4904 for more information.**

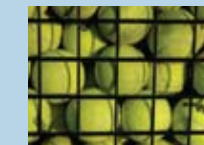
Hand Cycling/ Tandem Bike Rides

Hand cycling is a great way to stay in shape and provides a great cardiovascular workout. **Call Jonathan Foster at 229-4796 for more information.**



Saturdays • 8 a.m. \$5 per person March 14 and 28; April 4, 18, and 25; May 2 Darling Tennis Center, 7901 W. Washington Avenue

Open Wheelchair Tennis Practice



Individuals with physical disabilities may participate in Wheelchair Tennis. Sports-specific tennis chairs are made available for all who wish to participate. **Call Jonathan Foster at 229-4796 for more information.**

January-May • Tuesdays, 3-5 p.m. • \$5 per person Darling Tennis Center, 7901 W. Washington Avenue

Open Wheelchair Basketball Practice

The NWBA Division II Las Vegas Silver Bandits wheelchair basketball team is looking for new athletes. **Call Jonathan Foster at 229-4796 if you would like to come out and play.** Tuesdays/Thursdays • 5:30-8 p.m. • \$30 per person Fremont Middle School, 1100 E. St. Louis Avenue

Wheelchair Basketball Tournaments

Call Jonathan Foster at 229-4796 for more information.

Desert Classic Championship Division

Saturday-Sunday, January 3-4 Minker Sports Complex, 275 N. Mojave Road

Women's Wheelchair Basketball Tournament

Saturday-Sunday, January 24-25 Dula Gymnasium, 441 E. Bonanza Road

Division III Wheelchair Basketball Tournament

Saturday-Sunday, January 24-25 Minker Sports Complex, 275 N. Mojave Road

12-Team Championship Division

Saturday-Sunday, February 21-22 Dula Gymnasium, 441 E. Bonanza Road and Minker Sports Complex, 275 N. Mojave Road

Quad Rugby/Wheelchair Rugby



The USQRA Division III National Champions Sin City Skulls quad rugby team is looking for athletes for this hard-hitting, action-packed competitive sport. **Call Bob Murray at 229-4903 if you're interested or know of someone who might be.**

Fridays • 5:45-7:45 p.m. • \$30 per person Minker Sports Complex, 275 N. Mojave Road

Power Wheelchair Sports

If you use a power wheelchair and are looking for a variety of sports and activities to participate in, you've come to the right place. Participate in a variety of activities including power soccer, power hockey, bocchia, and T-ball. Ages 5 and older. You must provide your own power chair. No scooters permitted.

Call Rebecca Allen at 229-1710 for dates, times and locations.

